# **Boston Stroke Scale**

### Facial Droop

Patient shows teeth

\*\* One side of face moves less well

## Arm Drift

Patient closes eyes and extends both arms straight forward for 10 seconds

\*\* One arm drifts, drops, or is weaker

## Speech

Patient repeats short phrase

\*\* First attempt is slurred, wrong, or mute

All local ERs are stroke centers except BMC E. Newton, Children's Hospital Boston, and West Roxbury VA

# Glasgow Coma Scale

### Eye Opening

- Spontaneous (A) · 4
  - To voice (V) · 3
  - To pain (P) · 2
- Eyes do not open (U) · 1

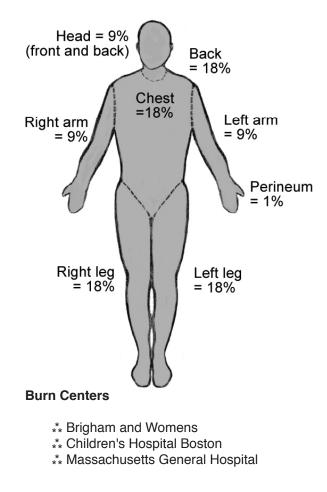
### **Verbal Response**

- Oriented · 5
- Confused or disoriented · 4
  - Inappropriate words · 3
  - Meaningless sounds · 2
    - No speech · 1

### **Motor Response**

- Obeys commands · 6
  - Localizes pain · 5
- Withdraws from pain · 4
  - Decorticate flexion · 3
- Decerebrate extension · 2
  - No movement · 1

# Adult Burn Estimation



# APGAR

### Appearance

- Entire body pink · 2
- Torso pink with limbs cyanotic · 1
  - Entire body cyanotic · 0

### Pulse

- Over 100 · 2
- Under 100 · 1
- Pulseless · 0

### Grimace

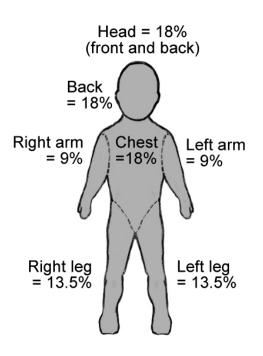
- Coughs/withdraws/sneezes . 2 when stimulated
  - Facial response only 1 when stimulated
- No response to stimulation · 0

## Activity

- Active movement · 2
- Some muscle flexion  $\cdot$  1
- Muscles completely flaccid · 0

## Respiration

- Strong, normal cry  $\cdot$  2
- Weak, slow, or irregular cry  $\cdot$  1
  - Apneic · 0



# **Pediatric Vitals**

	RR	HR	BP	KG
Newborn	30–60	100–160	60–80	3–5
6 mos	25–40	90–120	80–100	7
1 yr	20–30	90–120	80–100	10
18 mos	20–30	80–120	80–110	12
3 yrs	20–30	80–120	80–110	15
5 yrs	18–24	70–110	80–110	20
6 yrs	18–24	80–100	80–110	20
8 yrs	18–24	70–110	80–110	25
10 yrs	16–20	70–110	90–120	30
12 yrs	16–20	60–110	90–120	40
14 yrs	16–20	60–105	90–120	50
16 yrs	16–20	60–80	80–120	60
18 yrs	16–20	60–80	80–120	70

### **Pediatric Hospitals**

- \*\* Boston Medical Center Menino
- \*\* Carney Hospital
- \*\* Children's Hospital Boston
- \*\* Faulkner Hospital
- \*\* Massachusetts General Hospital
- \*\* Tufts Medical Center
- \*\* Newton Wellesley Hospital [no psych]
- \*\* Salem Hospital
- \*\* South Shore Hospital
- \*\* St. Elizabeth's Medical Center

# Trauma Centers

# **Adult Trauma Centers**

- \*\* Beth Israel Deaconess I
- \*\* BMC Menino I
- \*\* Brigham and Women's I
- \*\* Massachusetts General Hospital I
- \*\* UMass Worcester I

### $\approx$

- \*\* Lahey Clinic II
  \*\* Tufts Medical Center II
  \*\* South Shore Hospital II
  ≈
- \*\* Beverly Hospital III
- \*\* Salem Hospital III
- \*\* Lawrence General Hospital III
- \*\* Lowell General Hospital III

## **Pediatric Trauma Centers**

\*\* Children's Hospital Boston • I

#### $\approx$

- \*\* Massachusetts General Hospital II
- \*\* BMC Menino II
- \*\* Tufts Medical Center II

# **STEMI** Centers

### Boston

- \*\* Beth Israel Deaconess
- \*\* BMC Newton
- \*\* Brigham and Women's
- \* Massachusetts General Hospital
- \*\* Tufts Medical Center
- \*\* St. Elizabeth's Medical Center

# North

- \*\* Lahey Clinic
- \*\* Mt. Auburn Hospital
- \*\* Salem Hospital

# South

- \*\* Caritas Norwood Hospital
- \*\* MWMC Framingham Campus (small)
- \*\* South Shore Hospital

# Stroke Centers

## All local ERs are stroke centers except BMC Newton, Children's Hospital, Union Hospital, and West Roxbury VA

# **Obstetrics Facilities**

## Boston

- \*\* Beth Israel Deaconess, East Campus
- \*\* BMC Menino, 3W
- \*\* Tufts Medical Center, Proger 2
- \*\* Brigham and Women's, CWN Building
- \* Massachusetts General Hospital
- \*\* Newton Wellesley, 6th floor
- \*\* St. Elizabeth's, Women's Health

# North

- \*\* Cambridge Hospital, 5th floor
- \*\* Mt. Auburn Hospital, South 5
- \*\* Winchester Hospital, 2nd floor

## South

- \*\* Caritas Norwood Hospital, Draper 2
- \*\* Emerson Hospital, 3rd floor
- \*\* MWMC Framingham Campus, 3rd floor
- $_{\star\star}$  South Shore Hospital, Emilson Building

# **Emergency Departments**

- \*\* Beth Israel Deaconess West
   1 Deaconess Road, Boston
   (617) 754-2400
- \*\* Beth Israel Needham
   148 Chestnut Street, Needham
   (781) 453-3400
- \*\* Boston Medical Center, Newton Pavilion
   88 East Newton Street, Boston
   (617) 638-6240
- \*\* Boston Medical Center, Menino Pavilion One Boston Medical Center PI, Boston (617) 414-4075
- \*\* Brigham and Women's 75 Francis Street, Boston (617) 732-5636
- \*\* Cambridge Hospital 1493 Cambridge Street, Cambridge (617) 665-1430
- \*\* Caritas Norwood Hospital 800 Washington Street, Norwood (781) 769-2950
- \*\* Carney Hospital 2100 Dorchester Avenue, Dorchester (617) 296-4000

- Children's Hospital Boston
   300 Longwood Avenue, Boston
   (617) 355-6611
- \*\* Emerson Hospital 133 Old Road to Nine Acre Corner, Concord (978) 369-1400
- \*\* Faulkner Hospital 1153 Centre Street, Jamaica Plain (617) 533-5800, ext. 7700
- \*\* Lahey Clinic 41 Mall Road, Burlington (781) 744-5100
- \*\* Lawrence General Hospital 1 General St, Lawrence (978) 683-4000
- \*\* Lawrence Memorial Hospital 170 Governors Ave, Medford (781) 306-6300
- \*\* Lowell General Hospital 265 Varnum Ave, Lowell (978) 937-6000
- \*\* Massachusetts General Hospital
   55 Fruit Street, Boston
   (617) 724-4100

- \*\* Melrose-Wakefield Hospital 585 Lebanon St, Melrose (781) 979-3000
- \*\* Milton Hospital 92 Highland Street, Milton (617) 696-8389
- \*\* Mt. Auburn Hospital 330 Mount Auburn Street, Cambridge (617) 499-5025
- \*\* MWMC Framingham Campus 115 Lincoln Street, Framingham (508) 383-1000
- \*\* MWMC Leonard Morse Campus 67 Union Street, Natick (508) 650-7000
- \*\* Tufts Medical Center 750 Washington Street, Boston (617) 636-5566
- \*\* Newton Wellesley Hospital 2014 Washington Street, Newton (617) 243-6000
- \*\* Quincy Medical Center 114 Whitwell Street, Quincy (617) 773-6100

- \*\* Union Hospital 500 Lynnfield St, Lynn (781) 581-9200
- \*\* Salem Hospital81 Highland Ave, Salem(978) 741-1200
- \*\* Somerville Hospital 230 Highland Ave, Somerville (617) 591-4700
- \*\* South Shore Hospital 55 Fogg Rd, Weymouth (781) 340-8321
- \*\* St. Elizabeth's Medical Center 736 Cambridge Street, Brighton (617) 789-2666
- \*\* Marlborough Hospital 157 Union Street, Marlborough (508) 481-5000
- \*\* West Roxbury VA Hospital 1400 VFW Parkway, West Roxbury (617) 323-7700, ext. 5425
- \*\* Winchester Hospital
   41 Highland Avenue, Winchester
   (781) 729-9000

# Protocols

## Epinephrine

\*\* For severe distress, administer 1 autoinjector. Administer another in 5 mins. if necessary.

\*\* If patient is under 66 pounds, use a pedi injector.

\*\* If patient is younger than 5 or older than 65, contact medical direction.

## Nitroglycerin

\*\* For any chest discomfort with SBP >100, administer 1 spray/tablet sublingual.

\*\* May repeat every 5 mins up to max dose of 3 (including any previous doses).

\*\* If PDE5 inhibitors (-fil) used in past 48 hours, contact medical control.

## Charcoal

\*\* Contact medical control. If patient fully conscious, and has not ingested hydrocarbon, petroleum distillate, corrosive substances or heavy metals, administer 1g charcoal per kg bodyweight.

## Glucose

\*\* If patient is a known diabetic who can speak and swallow, administer oral glucose or other sugar source as tolerated. Repeat in 10 minutes if necessary. If CVA is suspected, contact medical control first.

## Aspirin

\*\* For anginal equivalents, administer 162–325mg (2–4 baby aspirin), if there is no hypersensitivity, it has not been taken already, and there is no GI bleed.